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- 5 6. A mobile terminal as claimed in claim 1, wherein said status indication (53) comprises an indication (FIbit) of flow control, when the flow control is active in the mobile network element (IWF), and said detecting means (96) being responsive to said indication (FIbit) of flow control.

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- 15 8. A mobile terminal as claimed in claim 6, wherein the control means (91) is arranged to initiate a negotiation for bearer downgrading, as a response to the reading of the counter (CT) exceeding a predefined threshold (TH1).

9. A mobile terminal as claimed in claim 1, wherein the status indication (53) is an ending indication (Sbit) included in the data unit (60) whenever the data unit (60) is not full of data.

10. A mobile terminal as claimed in claim 1, wherein said means for detecting comprises at least one counter (SE) arranged to be incremented at least as a response to the data unit (60) comprising said ending indication (Sbit), and at least one timer (t).

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11. A method for communicating with a mobile network element (IWF), comprising:
communicating data with a mobile network element (IWF) using a bearer
that is modifiable by a negotiation between the mobile terminal (MS) and the
mobile network element (IWF), said data being divided into data units (60) that
comprise at least one user data element (61) and at least one status data

wherein the method further comprises
detecting a need for bearer modification from received status indications
(63) in at least two consecutive data units; and
initiating a negotiation for bearer modification, as a response to the
detected need for bearer modification.

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